



Netherfield Primary and Pre-School

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Dear Parents and Carers,

Our theme in SEAL this term is Relationships, and our SRE learning (Sex and Relationships Education) forms part of this. We use the Christopher Winters Project materials, which is a whole school programme with sessions for Year 1 to Year 6. Throughout these sessions the children will be encouraged to use the correct scientific language when naming parts of the body.

'If sex and relationship education is established within the context of personal, social and health education (PSHE) at primary level, as children reach puberty they will know and understand they will change and develop, and will have confidence in managing the physical and emotional changes' (SRE Guidance 2000, DfEE)

Each year group will have three sessions, which are age appropriate. Children will know - through the setting of clear ground rules - that the learning they are doing is special and particular to their age group, and should not be shared with younger year groups.

Below is the programme outline for each year group:

Y1	Growing and Caring for Ourselves	Keeping clean Growing and changing Families and Care	Y4	Growing Up	Growing and Changing Body Changes and Reproduction What is Puberty?
Y2	Differences	Differences: Boys and Girls Differences: Male and Female Naming the body parts	Y5	Puberty	Talking about Puberty Male and Female Changes Puberty and Hygiene
Y3	Valuing Differences and Keeping Safe	Differences: Male and Female Personal Space Family Differences	Y6	Puberty and Reproduction	Puberty and Reproduction Relationships and Reproduction Conception and Pregnancy

As with all of our learning at Netherfield, these lessons will be taught in a variety of creative and engaging ways, for example, circle time, games, discussion, sorting activities, the use of short films (All About Us – Living and Growing) and books. These are all age appropriate. Through creating an ethos of mutual trust and respect, children will have the opportunity to ask questions if they wish, or they may ask you at home. It is in partnership with you that we will deliver quality SRE sessions to prepare our children for the changes that will come in their lives.

We are really looking forward to delivering these special sessions to our children. They will begin after Easter. If you would like any more details about the content of the sessions, or would like to view the materials that will be used please feel free to come and speak to your child's teacher.

If you **do not wish** your child to take part in these lessons please complete and return the **OPT-OUT** slip below to your child's class teacher by Tuesday 29 March 2016. If we do not receive a signed completed form then your child will be included in all three age-appropriate lessons.

Warm Wishes
James Willis
Deputy Head

Jo Mulligan
PSE Lead

SEAL & SRE Sessions Summer 2016 – OPT-OUT FORM

Child's Name:

Class:

I do not wish my child to take part in the age appropriate lessons.

Name:

(Please print)

Signature:

Date:

Please return the completed form to your child's class teacher by Tuesday 29 March 2016. Thank you.